



# *Proclamation*

## *Recognition of September 2023 as Recovery Happens Month*

**WHEREAS**, the month of September 2023 is National Recovery Month; and

**WHEREAS**, National Recovery Month spreads the positive message that behavioral health is essential to overall health; and

**WHEREAS**, treatment and prevention providers across the communities of San Mateo County have dedicated themselves to promoting recovery, saving lives, destigmatizing and educating the public about substance use and co-occurring disorders; and

**WHEREAS**, everyday, in San Bruno, men, women, and youth enter treatment for substance use and mental health disorders and begin the road to wellness and recovery in a system which emphasizes behavioral health as an essential part of overall health; and

**WHEREAS**, San Mateo County continues to support Recovery Month's mission to improve the lives of those living with these disorders, to celebrate individuals in recovery and to acknowledge those working to provide integrated recovery services; and

**WHEREAS**, prevention works, treatment is effective, and recovery is possible; and

**WHEREAS**, PEOPLE CAN AND DO RECOVER!; and

**NOW, THEREFORE**, that I Rico E. Medina Mayor of the City of San Bruno do hereby proclaim the month of September 2023 as ***Recovery Happens Month***.

Let us all remember that while the road to recovery may be difficult, the benefits of preventing and overcoming substance use and co-occurring disorders are significant and valuable to individuals, families, and communities. Let us remember there are multiple pathways to recovery and let us remember everyone's journey results in their own unique experience of recovery.

Recovery Happens Month is supported and celebrated in San Bruno and promotes the importance of prevention, treatment, and recovery. In this spirit, this year's theme is:

**"Recovery is for Everyone: Every Person. Every Family. Every Community."**



**Rico E. Medina, Mayor**

Dated this 22nd day of August 2023